

AUSTRALIA - TASMANIA, the island state.
9 DAYS/ 8 NIGHTS
LAUNCESTON to HOBART
WEST COAST TOUR

ITINERARY

Please bring this information with you to the tour start.
Distances are given in kilometres. 1 km = 0.62 miles
Cycling distances are entirely optional, the support vehicle will be available at all times.
Suggested cycling distances are given for each day as follows:
cas.=casual cyclists int.=intermediate cyclists adv.=advanced cyclists

The tour starts in the city of Launceston



MEETING DAY / DAY ONE

We meet at 5.00 pm at Quality Inn Prince Albert, 22 Tamar Street, Launceston.

Should you need to contact Pedaltours please call our Auckland office, Richard, Helen or Lisa: 64 9 585-1338

Your guide will tell you a little about Tasmania and what you can expect to see and do in the days ahead. He will also assist you to unpack your bike or fit you to the Pedaltours rental bike should you not bring your own.

Dinner will be at 7.00 pm
Lodging:/ Dinner / Breakfast
City Park Grand Ph: 6331 7633
22 Tamar Street, Launceston.

Features: Built 1855, beautifully restored, close to town centre.
Best 3½ star hotel in Australasia award.
500 m from city centre and many restaurants

Day Two: Launceston to Sheffield: c. 106 km / 64 mi
Launceston to Kimberley: b. 80 km / 50 mi
Prospect to Kimberley a. 74 km / 45 mi

We drive out of Launceston to cycle on quiet roads to the little town of Sheffield, known for its murals. The terrain is flat to gently undulating initially with some short steep climbs approaching Sheffield. We pass by mostly agricultural land and old English type villages with some forest.

Lodging and meals: B, D (Lunch at own expense at Deloraine)
Silver Ridge Retreat, Rysavy Rd (off C136), via Sheffield
Ph 6491-1727 Fax 6491-1925 Email: jandj@silverridgeretreat.com.au
Facilities: 4 star cottages, heated indoor pool and country style restaurant
Features: Located on the fringe of Mt Roland wilderness area, with mountain views.

Day Three: Sheffield to Cradle Mountain Lodge: b/c. 58 km / 36 mi
Sheffield to Cradle (sag hill): a. 52.5 km / 33 mi

Today's short ride includes a tough climb but the reward is magnificent mountain scenery. There will be time in the afternoon to enjoy the beautiful surroundings and take a short walk in the National Park.

Lodging and meals: B, D
Cradle Mountain Lodge Ph: 6492 1303
On the edge of Cradle Mountain National Park
Facilities: Comfortable chalets in bush setting.
Features: Excellent bush walks in the area.

Cycling distances given are entirely optional; the van will be available at any time

Day Four: Cradle Mountain to Tullah: a/b/c.58.5 km /36 mi (downhill)

We have time this morning to take a hike in the National Park; the beautiful circuit of Dove Lake will take around 1.5 hours. The really keen may choose a very early start and tackle Cradle Mountain itself.

In the afternoon we continue through the rugged and isolated mountains of the West Coast. Much of the day is downhill. Our night's accommodation is nestled between Lakes Rosebery and Mackintosh.

Lodging and meals: B, D
Tullah Lakeside Chalets Ph: 6473 4121
Facilities: Bar, lounge, large open fire. (a little rustic, best available)
Features: Canoe hire available

Day Five: Tullah to Strahan: c. 91 km / 57 mi
Top Mt Black to Strahan: b. 81 km / 50 mi (avoids major hill)
Black Hill to Strahan: a. 60 km / 38 mi (avoids all hills)

Leaving Tullah we cross Lake Rosebery and head for Rosebery, with Mt Murchison on the left. The West Coast of Tasmania is rich in minerals and the three main industries are Mining, Tourism and Forestry. Zeehan (lunch) is rich in history and the museum is well worth a visit.

Should you wish to take the afternoon cruise at Strahan, it will be necessary to drive from Zeehan.

Lodging and meals: B, L,D
Strahan Village Cottages, The Esplanade, Strahan
Phone 6471 7191 , Fax 6471 7389
Waterfront cottages.

Cycling distances given are entirely optional; the van will be available at any time

Day Six: Strahan to Lake St Clair: c. 140 km / 88 mi
 Strahan to Lake St Clair:(sag hills) a/b.78 km / 49 mi

Today's ride is through superb mountain scenery. We stop at Lake Burbury for lunch and pass through the Belson Valley, with the Raglan Range to the right. The Franklin River is one of the countries major white water rafting rivers.

After climbing King William Saddle head into the Central Plateau and Derwent Bridge. Stop for a drink at the pub before the last 5 km of gentle climbing.

Lodging and meals: B, L, D
 St Clair Chalets Ph: 6289 1137
 Features: Bush setting by the lake.

Day Seven: St Clair to Hamilton c. 109 km /68 mi
 St Clair to Hamilton (sag hill) a/b. 88 km /54 mi

We cycle past several lakes and mountain ranges to the heart of Tasmania's Hydro-Electric Generating Area, until we reach Tungatinah Power Station Picnic Area by the Nive River. At first we ride through thick highland bush followed by open farming country. There are some climbs but many more descents.

Lodging and meals: B, D (Café lunch at own expense at Tarraleah)
 Hamilton Hotel and B & B's

Day Eight: Hamilton to Hobart: c 98 km / 61 mi
 Hamilton to New Norfolk b. 60.5 km / 38 mi
 Hamilton to New Norfolk a. 39 km / 24 mi (via A10)

Wonderful biking on attractive quiet roads. After lunch in New Norfolk you can either drive into the city or cycle into Hobart beside the Derwent River and join the cycleway into town.

Lodging: B, D
 Hotel Lenna. Ph: 6232 3900
 20 Runneymede Street, Hobart.

Day Nine: Depart for Home

If leaving in the morning we will be pleased to supply transport to Hobart airport.

We trust you have had a wonderful holiday, wish you 'bon voyage', happy biking and hope to see you again one day.

Cycling distances given are entirely optional; the van will be available at any time

You may like to leave the following accommodation list with family or friends

TASMANIA WEST COAST 9 TOUR

| Day | Date | Location | Accommodation | Phone |
|------------|-------------|-----------------|------------------------|--------------|
| 1 | 16 Feb 10 | Launceston | City Park Grand | 6331 7633 |
| 2 | 17 " | Sheffield | Silver Ridge | 6491-1727 |
| 3 | 18 " | Cradle Mountain | Cradle Mtn Lodge | 6492 1303 |
| 4 | 19 " | Tullah | Lakeside Chalets | 6473 4121 |
| 5 | 20 " | Strahan | Strahan Village | 6471 4200 |
| 6 | 21 " | St Clair | Lake StClair Chalets | 6289 1137 |
| 7 | 22 " | Hamilton | Hamilton Hotel + B & B | |
| 8 | 23 " | Hobart | Lenna of Hobart | 6232 3900 |
| 9 | 24 Feb 10 | Depart for home | | |