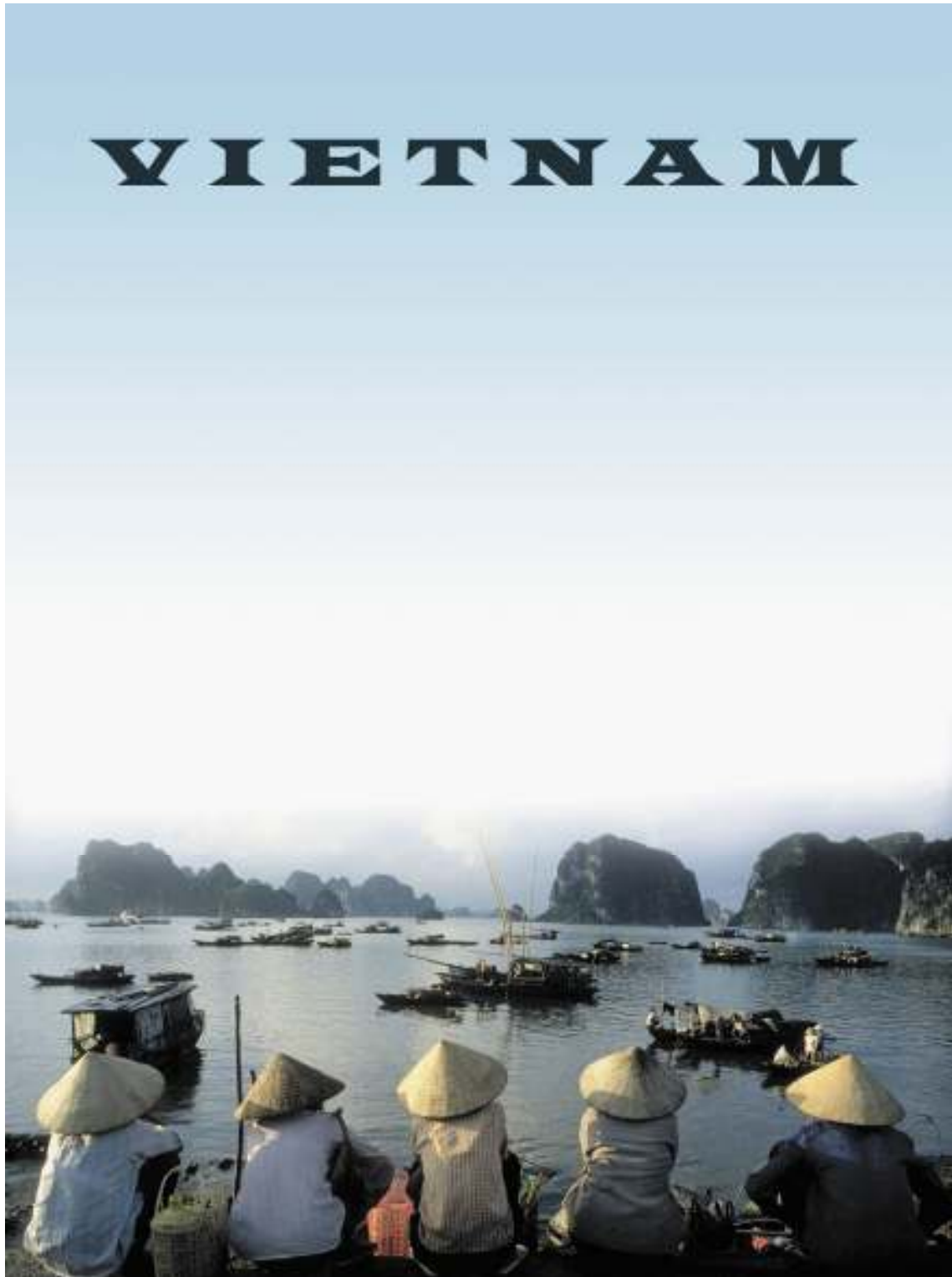


**Pedaltours**  
vacations for cyclists since 1985

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**VIETNAM**  
Hanoi to Nha Trang  
9 days/8 nights  
Superior accommodation  
ITINERARY

**VIETNAM**



Please bring this information with you to the tour start. Cycling distances given are entirely optional; the support vehicle will be available at any time.

**Most days the distance is too great to cycle the entire way and we will drive part way. This tour is a combination of cycling, sightseeing and exploring.**

Vietnam is a fabulous cultural experience – we stay at very comfortable lodges and resorts and cycle mostly on quiet roads. Our tour takes in the imperial city of Hue, historic Hoi An and the beach resort of Nha Trang.

Should you need to contact Pedaltours, please call our representative:

**Eco Tours, ph.(84) 0938 499 808 : 24 hour client hotline in Vietnam**  
or Pedaltours in New Zealand ++64 9 585-1338

MEETING DAY / DAY ONE: Hanoi

You will be met at Hanoi Airport (Please notify us of your arrival details and look for the driver with the Pedaltours sign). Today is designed to allow you settle in and relax after your journey. The Old Quarter, with its narrow streets where trades people can be seen working on the pavement, is well worth exploring. The Water Puppet show is also highly recommended – it is best to prebook on arrival in Hanoi.

Lodging

Thien Thai Hotel (or Galaxy Hotel)  
45 Nguyen Truong To Str, Ba Dinh district, Hanoi  
Phone: (84) 4 3716 4126 Email: [thienthai@fpt.vn](mailto:thienthai@fpt.vn)

Facilities: Restaurant, bar, coffee shop, health centre, laundry service, hairdryers.  
Features: A 3 star hotel located in an ancient street in the heart of Hanoi.

Day Two: Hanoi to Hue

We take the morning flight from Hanoi to Hue (c.1hr 15 mins). Hue, (pop.286,000) built on the banks of the Perfume River, is steeped in 3,000 years of history. Here we will meet our cycling guide and fit you to your rental bike, or unpack your own and then explore the Citadel and Forbidden City by cycle. At dinner tonight we will be entertained with traditional music in the garden courtyard.

Lodging:

B L & D

Saigon Morin Hotel, 30 Le Loi Rue, Hue City  
Phone: 84.-54-3823-526 Fax: 84-54-3825-155

Email: [sgmorin@dng.vnn.vn](mailto:sgmorin@dng.vnn.vn) Web: [www.morinhotel.com.vn](http://www.morinhotel.com.vn)

Facilities: 4\* star, in-house restaurant, bar, swimming pool.

Features: A grand old French Colonial style hotel by the Perfume River. Garden courtyard.

*Cycling distances given are entirely optional; the support van will be available at all times*

Day Three: Hue to Hoi An (pop.76,000) 142 km / 89 mi  
Morning ride: 40 km/25 mi  
Afternoon ride: 21 km/13 mi over Hai Van Pass  
Or 66 km/41 mi to Hoi An

We cycle from town along a flat coastal road, through various fishing and agricultural villages. You will have your first experience of the friendliness of the locals, especially the children. Lunch is at Long Co Beach, an hour's drive. From here we tackle the Hai Van Pass, a very quiet road now that there is a tunnel (not open to cyclists). The view from the top, and on the descent, is outstanding and well worth the effort. (The support vehicle will be there, of course, should you prefer to drive) After a fabulous descent we reach Danang, where we board the support vehicle to drive to Hoi An (you are welcome to cycle if you wish).

You may like to visit China Beach where American servicemen went for their R&R during the Vietnam /American War or a marble factory and view the exquisite workmanship.

Lodging: B, L, D  
Vinh Hung Resort, Hoi An  
Phone (84)510 3910393  
Email: [vinhhung.ha@dng.vnn.vn](mailto:vinhhung.ha@dng.vnn.vn) Web: <http://www.vinhhungresort.com/>  
Facilities: Restaurant, bar, tennis court, swimming pool, laundry service.  
Features: A garden setting on the banks of the Vu Gia River and a short walk from the old town.

Day Four: Hoi An. Rest Day

Today is a day at leisure to explore this delightful town (dating back to 200BC) with its street side cafes, artists and markets. Explore the historic architecture of Japanese and French origin, take in the morning concert of traditional music or take a gentle ride (c.10km return) to fabulous Hoi An beach. There is much to see and do. (There are wonderful pastry shops in the old town and excellent tailors who will make any garment to measure, including cycle tops, in a few hours).

Let your guide know if you would like a longer ride.

Lodging: B. Lunch & dinner not included today, there are several attractive riverside restaurants.

Vinh Hung Resort, Hoi An  
Phone (84)510 3910393 Web: <http://www.vinhhungresort.com/>

*Cycling distances given are entirely optional; the support van will be available at all times*

Day Five:                    Hoi An to Quang Ngai (pop.108,000):    118km/ 74 mi  
                                  Morning Ride    41 km / 25 mi  
                                  Afternoon Ride                                        31 km / 19 mi

We leave Hoi An on a delightful little road into the countryside where we will sample a slice of rural Vietnamese life. Approaching Quang Ngai we take another lovely side road, passing a fishing village and a lively local market. The route includes twelve km of unsealed road; it is quite rideable but the support vehicle will never be far away. The ride finishes at My Lai; you may wish to visit the memorial site.

Lodging:                    B, L, D  
Central Hotel, 784 Quang Rang St, Son Tinh , Quang Ngai  
Phone 84.55.382 99 99 Fax. 84.55.382 24 60 Email: [Central@dng.vnn.vn](mailto:Central@dng.vnn.vn)  
Facilities: Air-conditioning, TV, restaurant, tennis court, swimming pool,  
Features: Modern style hotel in central location. (best available)  
The Central Hotel is not of the same standard as the rest of the accommodation on this trip. But please remember that it is the best available place to stay, the cycling is lovely between Hoi An and Quang Ngai and Qui Nhon, and it would be far too long a day to go all the way from Hoi An to Qui Nhon, even if you drove all the way.

Day Six:                    Quang Ngai to Qui Nhon(pop 260,000): 178 km/ 111 mi  
                                  Cycling section: 80 km/ 50 mi

We drive to Tam Quan to commence cycling on an attractive minor road. It includes 2 steep (c. 10%) climbs, and excellent coastal views. We drive the final 32km to our seaside resort.

Lodging: B, L, D  
Hoang Anh Qui Nhon Resort, Nguyen Hue Street, Qui Nhon.  
Phone 84.56.3747-100 Fax 84.56.3747-111 Email: [rehoanghq@vnn.vn](mailto:rehoanghq@vnn.vn)  
Facilities: A 4\* resort. Restaurant, 2 pools, tennis courts, bars.  
Features: Overlooking the beach, with fishing boats in the bay.

Day Seven: Qui Nhon to Nha Trang (pop.315,000): 241 km  
                                  Dieu to Tri to Chi Thanh:                        73 km / 45 mi  
                                  Tuy Hoa to Ca Pass:                                40 km / 25 mi

Fifteen km from town – you may wish to drive this – we take a delightful quiet road up a gentle valley and then down to Chi Thanh; it includes 17 km of unpaved. The afternoons ride includes great coastal riding before reaching the hwy again and driving into the city.

There may be time to visit an ancient Cham Tower, a relic from the ethnic people who once ruled this part of Vietnam.

Lodging:                    B, L,D (Dinner is at a BBQ restaurant)  
Novotel Nha Trang, 50 Tran Phu St, Nha Trang  
Phone (84.58)625-6900 Fax. (84.58) 352-3335 Email: [info@novotel-nhatrang.com](mailto:info@novotel-nhatrang.com)  
Web: <http://www.novotel.com/gb/hotel-6033-novotel-nha-trang/index.shtml>  
Facilities: Comfortable rooms, swimming pool, spa, restaurant and bar.  
Features: New hotel opposite a superb beach, several restaurants & a good source of 'kem' (ice cream).

*Cycling distances given are entirely optional; the support van will be available at all times*

Day Eight: Nha Trang Rest day

Today there is the option of a boat trip to the islands. You will visit a fishing village and be rowed ashore in Vietnamese round boats. There will be time to swim and snorkel, so bring your 'togs'. A stop will be made at the Oceanographic Institute and Tri Nguyen Aquarium; lunch will be at a lovely bamboo restaurant on an offshore island, returning to Nha Trang mid afternoon. You may like to visit an ancient Cham Tower, a relic from the ethnic people who once ruled this part of Vietnam.

Lodging: B, Dinner is not included; there are many restaurants close by.  
Novotel Nha Trang, 50 Tran Phu St, Nha Trang  
Phone (84.58)625-6900 Fax. (84.58) 352-3335 Email: info@novotel-nhatrang.com  
Web: <http://www.novotel.com/gb/hotel-6033-novotel-nha-trang/index.shtml>

Day Nine:

The tour finishes after breakfast this morning.

We hope you have enjoyed your holiday and wish you a safe journey home.

You may like to leave the following accommodation list with friends or relatives.

<b>VIETNAM</b>				
<b>North to South</b>				
DAY	Date	LOCATION	ACCOMMODATION	PHONE
1		Hanoi	Thien Thai Hotel	(84) 4 3716 4126
2		Hue	Hotel Saigon Morin	(84) 54 3823526
3		Hoi An	Vinh Hung Resort	(84)510 3910393
4		Hoi An	Vinh Hung Resort	(84)510 3910393
5		Quang Ngai	Central Hotel	(84) 55 3829999
6		Qui Nhon	Hoang Anh Resort	(84) 56 3747100
7		Nha Trang	Novotel Nha Trang	(84.58)625-6900
8		Nha Trang	Novotel Nha Trang	(84.58)625-6900
9		Depart		

Cycling distances given are entirely optional; the support van will be available at all times

## Pre trip Halong Bay: Hanoi to HaLong Bay

### Day One:

You will be met at the airport and transferred to your hotel.  
There will be time for a quick city tour to explore Hanoi's ancient quarter.

#### Lodging: B

Thien Thai Hotel, 45 Nguyen TroungTo Str; Ba Dinh District, Hanoi  
Phone: 84.4.37164 126 Fax: 84.4.37164 917 Email: thienthai@fptvn  
Facilities: Licensed restaurant, bar, lounge, laundry, hotel doctor  
Features: Central location, adjacent to the old town.

or similar hotel

### Day Two : Halong Bay

Travel to Halong on the coast, a popular holiday resort for local people and also the departure point for your boat journey to Halong Bay World Heritage Park. En route we will stop at an embroidery factory and pottery.

Halong Bay is one of the most spectacular and romantic of all Vietnam's natural wonders. From the emerald waters 3,000 islands rise steeply to create a dramatic seascape. Said to be the 'dragon descends into the sea'. An overnight boat trip (with the option of sea-kayaking) through this magical land is included

Lodging: Overnight on support boat with en-suite cabins. B, L, D

### Day Three : Hanoi

In the morning you will enjoy stops at various grottoes and caves. Brunch is served on board before returning to shore and our journey back to Hanoi.

This evening you will meet up with your fellow cyclists for the start of the main cycling tour.

You may wish to arrive in Hanoi early to visit some of Hanoi's historical sights: the beautiful Hoan Kiem lake, Ho Chi Minh's Mausoleum and Ho Chi Minh's house, where he preferred to live simply. One Pillar Pagoda, a small but significant pagoda with a Buddhist representation of the world and the Temple of Literature, originally built in 1070. We are happy to reserve additional hotel accommodation for you.

## VIETNAM Northern Discovery

DAY	DATE	LOCATION	ACCOMMODATION	PHONE
1		Hanoi	Thien Thai Hotel	(84) 4 37164 126
2		Boat- Halong Bay		
3		Return to Hanoi and join main tour		