

# **Pedaltours**

vacations for cyclists since 1985

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**VIETNAM  
MEKONG DELTA**  
Ho Chi Minh City (Saigon) - Mekong- Ho Chi Minh City  
4 Days / 3 Nights  
(Superior Accommodation)

## ***ITINERARY***

*Please bring this information with you to the tour start.  
Cycling distances given are entirely optional; the support vehicle will be available at any time. Most days the distance is too great to cycle the entire way and we will drive part way.*

Vietnam is a fabulous cultural experience – we stay at very comfortable lodges and resorts and cycle almost entirely on quiet roads. Our tour explores the vast Mekong Delta which stretches from the Cambodian border to the East Sea.

Should you need to contact Pedaltours, please call our representative: Ecotours  
**Phone (+84) 938 499 808 : 24 hour client hotline.**



## MEETING DAY / DAY ONE: **Ho Chi Minh City (Saigon) to Long Xuyen**

We would like to fit you to your rental bike the evening before your tour begins and will arrange a suitable time.

You will be collected at 7.00am from your hotel in Saigon for the three hour drive to the start of the cycle section on quiet Highway 30. The countryside is pancake flat with brilliant green rice fields threaded with a network of canals and rivers. We will visit the Vuon Co Stork sanctuary late afternoon, in time to see the birds fly in at sunset.

Cycle section: Up to 71 km / 44 mi – or as little as you wish

Lodging: L,D

Dong Xuyen Hotel

9A Luong Van Cu St, My Long Ward, Long Xuyen City

Phone:84.076 3942260 Email: [dongxuyenag@hcm.vnn.vn](mailto:dongxuyenag@hcm.vnn.vn)

Web: [www.anqiangtourimex.com.vn](http://www.anqiangtourimex.com.vn)

Facilities: Restaurant, bar, Satellite TV, sauna, laundry.

Features: A centrally located 3 star hotel .

Day Two: Long Xuyen to Chau Doc 58 km / 36 mi

You will pass through huge expanses of paddy fields as you follow the canal system all the way to Chau Doc, close to the Cambodian border. This is a great way to see the river lifestyles of the local people; the canals are alive with boats transporting goods and the banks are lined with houses and fish cages. In the afternoon we will take a boat tour to visit a floating village, where the houses are built above fish cages, in which they grow the infamous Bassa catfish.

This area has a large Khmer community, which combined with local Cham people and Chinese, forms a diverse melting pot of cultures.

Lodging: B, L, D

Victoria Chau Doc Hotel

32 Le Loi St, Chau Doc, An Giang province.

Ph (84.76) 3865 010 fax (84.76) 3865 020 [chaudoc@victoriahotels-asia.com](mailto:chaudoc@victoriahotels-asia.com)

Features: Beautiful colonial-style 4 star hotel, built on the three river crossing with breathtaking river views.

Facilities: Licensed bar and restaurant, swimming pool, sauna and massage, business centre.

*Cycling distances given are entirely optional; the support vehicle will be available at all times*

Day Three: Chau Doc to Can Tho Approx 116km / 72.5 mi  
Best Cycling section: 50 km / 30 mi

Located in the heart of the Mekong Delta, Can Tho is home to charming riverside landscapes, paddy fields, floating markets and myriad canals.

Lodging: B, L, D

Victoria Can Tho Hotel

Cai Khe Ward , Can Tho City

Phone (84.71) 3810 111; Fax: (84.71) 3829 259 Email: [cantho@victoriahotels-asia.com](mailto:cantho@victoriahotels-asia.com)

Features: Colonial style 4 star hotel set in magnificent gardens on the banks of the Hau River.

Facilities: Asian/European/Seafood cuisine, bar, swimming pool and business centre.

Day Four: Can Tho to Ho Chi Minh City  
Cycling section 54 km/ 34 mi

A feature of the Mekong Delta are the floating markets situated at the main river junctions. We will take an early morning boat trip to visit one of the large markets at Cai Rang. Returning to our hotel for breakfast, we can then relax by the river before returning to Ho Chi Minh City after lunch. On the way you will see rice fields with rice drying along the roadsides, coconut palms and pagodas.

Lodging: B, L

Accommodation is not included tonight.

You may like to leave the following accommodation list with friends or relatives.

**MEKONG DELTA - VIETNAM  
4 Days / 3 Nights (Superior)**

DAY	DATE	LOCATION	ACCOMMODATION	PHONE
1		Long Xuyen	Dong Xuyen Hotel	(84) 76 3942260
2		Chau Doc	Victoria Chau Doc	(84.76) 3865 010
3		Can Tho	Victoria Can Tho	(84.71) 3810 111
4		Saigon	Depart	